

Middleburgh Joint Recreation Commission

2026 Village Pool Activities

The Middleburgh Joint Recreation Commission (MJRC) will be having registration for swimming lessons on **Saturday June 6 @ 10am-12 Noon** and on **Tuesday June 9 @ 5-7pm BOTH** at the Village Hall (the Village Building next to Stewart's on Main Street.)

SESSION I 6/29-7/10 SESSION II 7/13-7/24 SESSION III 7/27-8/7

9:30- 10:15	Level 4	9:00-9:45	Level 5	8:45-9:45	Level 6
10:15-11	Level 3	9:45-10:30	Level 4	9:45-10:30	Level 4
11 -11:30	Level 2	10:30-11:15	Level 3	10:30-11:15	Level 3
11:30-12	Level 1*	11:15-11:45	Level 2	11:15-11:45	Level 2
		11:45-12:15	Level 1*	11:45-12:15	Level 1*

*We offer TWO classes for this level, in each session, each being ONE WEEK LONG.

Level 6 is being taught as ONE class, which includes all level 6 components. These components are, Fundamentals of Diving, Personal Water Safety & Fitness Swimmer.

Classes are subject to change, due to popularity.

Any child, age 4 and up, is eligible for these swimming lessons.

Come join our Swim Team this summer. Practices will be on Monday & Thursday evenings from 6-7pm starting on June 22 & June 25. If you are interested, show up at the pool for a practice. It's a short season, but it's so much fun. We have a meet at MineKill on July 18th & another in Schoharie on July 25. We also have a bus to transport swimmers. Then, we have a pool party at our pool to end the season. We hope to have many members!

The Village Pool will open on Saturday June 20th at 1pm. Open Swim is every day from 1-6pm. On Sundays, starting on June 28 from 6-7:30pm the pool will stay open for Family Swim. It's a time designated for families ONLY. It's not a free swim time. On Tuesdays, starting on June 30, we will stay open till 7:30 for an extended time to swim. Wednesday evenings, starting on July 1, from 6-7:30pm the pool is open for Adult Swim, for those 18 & older ONLY!!!

NEW THIS SUMMER: starting at the end of July, plans are in the works for an evening Silver Sneakers senior citizen aquatic exercise class. Details will be available soon.

The pool will close for the season on Labor Day, Monday September 7, 2026

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There are no costs for our pool activities.

If you have any questions regarding any of our pool activities, you can call Jean Cain

@ 518-827-4556. Please leave a message, or you can send an email to 33momcain@midtel.net